

Cambridge Nationals Sports Studies Course Overview

Key Stage 4 Year 10 and 11

Unit	What will I cover?
	TA1 – Issues which affect participation in sport:
	User groups, possible barriers, possible barrier solutions, factors which can impact positively and negatively on the popularity of sport in the UK, emerging/new sports in the UK
	TA2 – Know about the role of sport in promoting values:
R184:	Values in sport, Olympic and Paralympic movement and values, sporting values, initiatives and
	campaigns, the importance of etiquette and sporting behaviours, the use of performance
Contemporary Issues In Sport	enhancing drugs (PEDs) in sport.
	TA3 – The implications of hosting a major sporting event for a city or country:
(exam)	Features of major sports events, positive and negative pre-event aspects of hosting a major
	sporting event, Potential positive and negative aspects of hosting a major sporting event
	TA4 – The role national governing bodies (NGBs) play in the development of their sport: What NGBs do, promotion, development, infrastructure, policies and initiatives, funding, and
	support.
	TA5 - The use of technology in sport:
	To enhance performance, to increase the safety of participants, to increase fair play and
	increase the accuracy of officiating, to enhance spectatorship
	TA1 – Key components of performance:
	Performance in two selected activities, participating in your activities, decision making during
	your performance, managing and maintaining performance, your role and performance in team
	activities.
	TA2 –Applying practice methods to support improvements in a sporting activity: Strengths and weaknesses of sports performance, methods to improve performance, measuring
	improvement in performance.
R185:	TA3 – Organising and planning a sports activity session:
Performance	Organisation of a sports activity session, safety considerations when planning a sports activity
and	session, objectives to meet the needs of the group.
Leadership	TA4 – Leading a sports activity session:
(practical)	Organisation of a sports activity session, leading a sports activity session
	TA5 – Performance and leadership in sports activities:
	Review your leadership of a sports activity session
R186:	TA1 – The different sources of media across the sport:
Sport & The	Television, written press, radio, internet. TA2 – Positive effects of the media in sport:
Media	Positive relationship between the media and sport, positive impacts of the media in sport.
(coursework)	TA3 – Negative effects of the media in sport:
	A range of negative effects of the media on sport in relation to spectators and live sport,
	negative impacts of the media on sports and sports performers